

THE SOVEREIGN ATELIER PRESS PRESENTS

SACRED HEART VALLEY

EDITORIAL MAGAZINE

THE OPENING

FEBRUARY 2025

Sacred Heart
Valley
MONTHLY
DIGITAL MAGAZINE

SERVICED WITH COMMUNITY LOVE

A premium collected edition

CURATED FOR THE SACRED HEART VALLEY ARCHIVE

*Sacred Heart
Valley*
MONTHLY
DIGITAL MAGAZINE

SERVICED WITH COMMUNITY LOVE

*Welcome
Dear Ones*

SACRED HEART VALLEY

WELCOME TO OUR

Monthly Newsletter

✦ Update



FINALLY, we met! Kyle is my very first SHV Community Members. We met on Instagram on Day 0 on 22 February 2022 and he popped in.

I spent Christmas and New Year, 22 days with him. We visited many places and also met with his friends, colleagues and family.

I have shared all this wonderful news with my friends and family including my social media friends on Facebook. Our Facebook Algorithm hit 4-figures views. We received a lot of love and blessings from the whole world!

Sacred Heart Valley will be in 3 years old this year in The Year of Serpent, the community will launch 🚀 some Community Projects and Collaborations.

FROM MY SACRED SPACE



Facebook Live
1st week of
each month.



join us



Year of *Serpent* **2025**



Serpent Medicine BY LILIAN HII

*“Connect with your higher - self and
receive by feeling,
seeing and sensing only highest and
purest frequency”*

Year of Serpent 2025

The Serpent's Heart 💛 finally has opened up.

We all know that snakes are cold blooded creatures and you perhaps never heart of Her attributes until you journey into Spirituality.

I call it The Serpent because of Her consciousness, Her archetype.
The Serpent holds much inward wisdom, more reserved and observed.

I shared with Soul Family about my feeling of the inward focus forward, hibernation and groundiness I feel into from January whether it is Gregorian calendar, Chinese Calendar or Astrology calendar. I only focus of my body feeling, sensing and seeing the surrounding and environment.

How did you feel when we cross over The Year of Serpent Gateway?
What is The Year of Serpent arising within you?

The Serpent has opened up Her Compassion Heart....

Lotus Heart Blossoming...

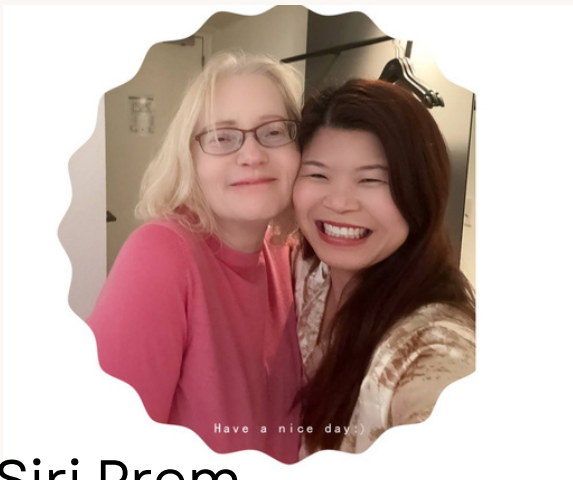
That's The Serpent Medicine!

NEW



Introducing Our Community Contributors: Caroline & Siri Prem

I am Heartitude to introduce SHV 2025 Community Contributors - Caroline De Beaufort and Siri Prem.



Siri Prem

Siri Prem is supporting sensitive souls to empower themselves and to lead happier and fulfilling lives. She shares her creative posts regular online and also have zoom connect for meditation and body movement. Her specialties is her Kundalini Yoga practices and chanting. She has the most soothing and peaceful voice.



Caroline de Beaufort

Caroline de Beaufort has over 20 years of dedicated experience as an Executive Assistant, excelling in project management, technology, and marketing across both private and public sectors. Her journey has led her to work with prestigious global companies such as American Express, Rémy Martin, and IBM. Over the past year, she has ventured into entrepreneurship and developed her own online business, Skin Presence, where she supports and develops a community focused on beauty, health, and well-being.

Her passions drive her forward:

Embracing the joy of family
Prioritising health and well-being
Exploring the world through travel
Continuous growth and exploration as an entrepreneur

You will see more of them in the Sacred Heart Valley Community this year.

An afternoon in the company of the Gods and Goddesses at Shambhala Gardens ❤️



BY CAROLINE DE BEAUFORT

On a recent getaway to Ballina, a small coastal town on the far north coast of New South Wales, I visited a truly wonderful place: the Crystal Castle, located within the private Shambhala Gardens.

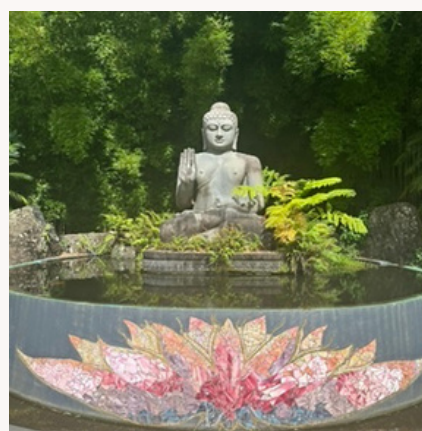


As I wandered through the lush, vibrant gardens, I stumbled upon an abundance of connections to my Nepalese heritage, each corner brimming with memories and echoes of my cultural roots. The majestic mountains, the giant Hindu god and goddess statues, the Kalachakra Stupa and colourful blooms whispered stories of tradition while the gentle, warm breeze seemed to carry the spirit of my ancestors, making the experience profoundly enriching and nostalgic.

I particularly enjoyed The Buddha Walk, a 650-meter trail offering stunning hinterland views. Along the way, I encountered ancient monolithic crystals, lush gardens, and giant statues of Ganesh, Lakshmi, and Avalokiteshvara, all carved from volcanic stone. The path also featured a towering bamboo grove and shaded spots perfect for quiet reflection.



The Blessing Buddha is carved from volcanic rock sourced from Java's Mount Merapi, symbolising peace and protection with its raised hand in the Abhaya Mudra. This symbolic hand gesture, found in both Buddhism and Hinduism, represents protection, peace, and the dispelling of fear. The term 'Abhaya' comes from Sanskrit and means 'fearlessness'; thus, this mudra signifies reassurance and safety.



The Crystal Castle is home to the World Peace Stupa, which is the seventh of its kind and the only one located in the Southern Hemisphere. This Kalachakra Stupa features a unique spherical design that symbolises the energy cycle and the cosmos, drawing on the teachings of the Kalachakra Tantra. Its purpose is to restore harmony on Earth during times of war, conflict, and environmental crises.

I learnt that the Stupa is engineered to endure for 1,000 years; how amazing is that? It is situated near the Bodhi Tree and is surrounded by statues of Avalokiteshvara, the Buddha of Compassion, as well as the Green, White, and Red Taras (all major Goddesses of Nepal), each representing peace and compassion in the four cardinal directions.

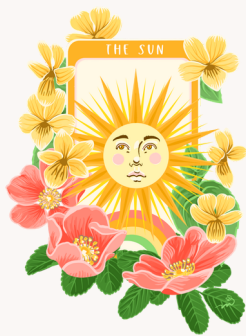
As I stood in awe before the exquisite statue of Lakshmi, the revered goddess of fortune, prosperity, beauty, wisdom, and generosity, I was captivated by her serene expression and elegant form. The intricate details of her flowing garments and the delicate embellishments that adorned her made her appear almost lifelike. She radiated warmth and richness, embodying the very essence of abundance and grace. Her gentle smile seemed to invite blessings, while the soft curves of her figure exuded her divine femininity. You know the saying “find your inner Goddess” well. I think I have found mine in Goddess Lakshmi; she has all the qualities I love and aspire to ❤️

Mantra: “Om Shreen Maha Lakshmiyei Namah”
(Translation: “I bow to the Supreme Goddess Lakshmi, the source of abundance and prosperity”)



CARD OF THE MONTH

BY SIRI PREM



FROM REBECCA CAMPBELL
ORACLE CARD

As we are all starseeds, the not belonging is a big thing for many of us. That's why the SHV community is so important, as it is safe and supportive.

Especially when we get together in Zoom meetings and share we can create the magical circle that we all need.

Community means that we need to show up for it.

Certainly there is nothing better than in person gatherings. As we are spread all over the world, this usually is not possible for us. Yet it is a good idea for SHV members who are living close to each other to sometimes meet in person.

I remember it was one of my highlights of 2023 to meet a few dear sisters.

Remember when you feel lonely and lost you can always reach out to the SHV community. We are happy to connect!

Divine Love Consciousness

SACRED LOVE CO-CREATION

Goddesses Consciousness has been called and felt through Kyle and I the third year of creation.

We are deepening connection to ourselves and each other to embody the love that we are.

we all have aspects of Gods and Goddesses and it is our responsibility and mission to clear, purify, restore and reconnect to The Pure Love that you are and coming home to you through your wholeness.

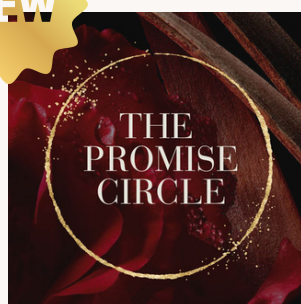
Goddess Consciousness Journey Space has been created and we hold the highest and purest frequencylies holding you and journey along with you. We have received beautiful feedbacks already!

Is Goddess calling you?
is your Inner Goddess whispering to you?
Are you ready to connect deeper with Her?
come and join Kyle and I. Details will be shared in SHV soon.



The Promise Circle

WHEN VIRTUES MEET WITH VISION



[join us](#)

If you reliving the same day in and day out, days & nights, you're probably stuck on autopilot, reliving the same habits day after day. You might know what you want to do differently but just can't seem to change, or you may feel unsure of where to even start. The reality is, most of who you are and what you do is determined by your past, not by your conscious choices today.

Through The Promise Circle, we will gain clarity and focus through us and form our life in Simple, Ease and Smooth (SES). This is a FREE COMMUNITY CIRCLE. Join us!

Your HeART's Love Story

BY KYLE TURNER

©Your heART's love story. Order your custom themed comic for your love this Valentine's Day! Let Kyle create & express your love story through his hand drawn artwork! \$30 for your comic. Click link in Bio natureselementalarts.com or send me a message. Looking forward to connecting and for being of creative heart service.



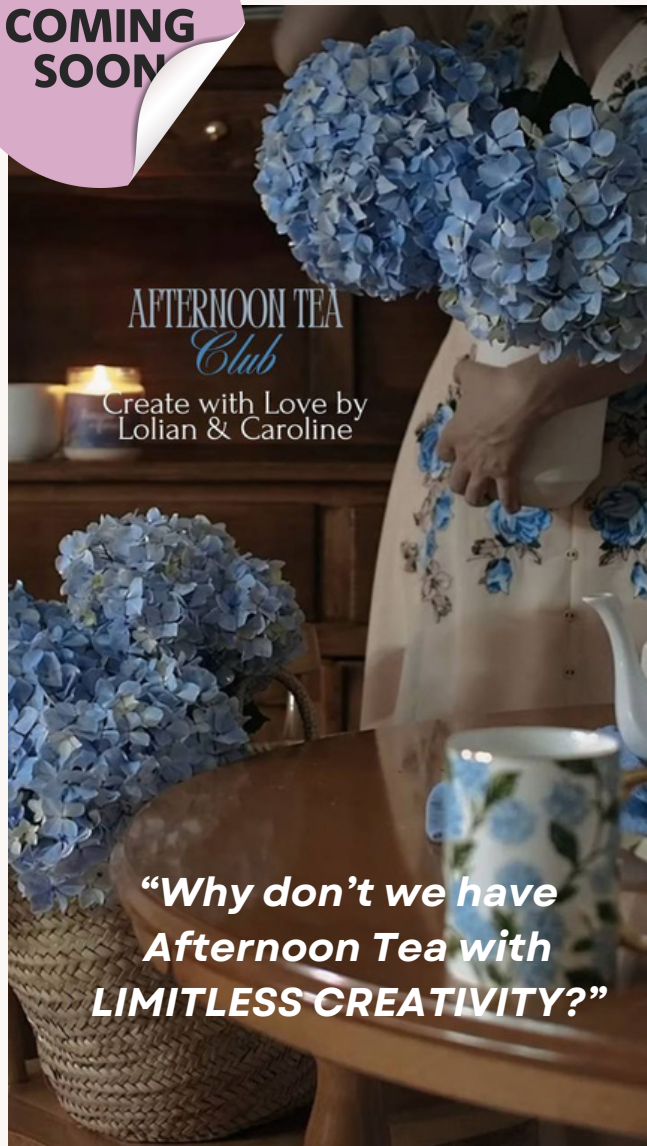
Which of the Light Codes attracts your attention?

BY VIKTORIA SUARDI

Which of the light codes attracts your attention / calling you / talking to you? You can screenshot in the comments, I will share what it is about. For those who do not know, light codes and light language is a healing modality which works with the subconscious mind



**COMING
SOON**



Explore your creative side can be a rewarding way to express yourself and find a sense of calm and joy. Maintaining a healthy creative practice is a journey and it can be challenging to keep up with the habit alongside our busy lives.

Afternoon Tea Club

BY LILIAN & CAROLINE

Caroline and I have something in common that we love beauty from within us and we also see beauty surrounding us. I love her Scones and Tea and she loves my fun and adventure.

My one word for 2025 is Limitless and her one word is Creativity and perfectly **LIMITLESS CREATIVITY!**

This co-creation is organically form.

Afternoon Tea Club is an in-person and a virtual space to explore our creativity via cup of tea and cakes or biscuits with digesting our favourite books reading and sharing express through their own creativity. We have a list of presenters lining up for our show in person and also online.

Stay tune at this new inspiration! of our heart!

FEBRUARY 2025

ENJOY OUR LIVE EVENTS IN THE COMMUNITY
ALL LIVE CALLS ON FACEBOOK EVENT TAB ARE LISTED IN
SYDNEY TIME, CHECK YOUR FACEBOOK WITH YOUR LOCAL
TIME.

CALENDAR EVENTS



SUN 23 FEB | 4PM AEDT



ENROL NOW, DOOR
CLOSING ON 22
FEBRUARY



SOFT LAUNCH ON 22
FEBRUARY. FOUNDATION
MEMBERS WELCOME TO
REGISTER FROM LILIAN -
LILIANH1179@GMAIL.COM

*Sacred Heart
Valley*
SEE YOU NEXT MONTH!

SERVICED WITH COMMUNITY LOVE